

March 2022

# your voice.

Hello,  
We have News!

## News

After a "zoom" start to 2022 we were delighted to return to face to face Drop In meetings in our new venue, the **Exeter Community Centre**.

Our **Creative Art group** tackled **aboriginal art, landscapes**, the **artist Angela Harding**, and a trip to **Exeter Museum** gave us loads of ideas for a mosaic project.

**Many new people have joined** our Zoom groups - if they can't make it to the drop-ins they can chat from their own home. We've begun to link people up with others **in their local areas** too - **making more conversations** happen!



We have **new volunteers**  
We have **new members**

We've joined forces with the **Speech and Language Therapists** to recruit more volunteers to help with **conversation support**.

They'll help with **drop-ins, getting people to our groups** and **activities**, and **support others with getting online**, so we'll have lots more chatting - and hopefully **cake!**

It's all **beginning in May** so watch this space!

### Keeping you informed

**Sign up for our newsletters and news emails** and **keep up to date** with what we do.

Look at the bottom of our website pages and add your details:

[www.livingwithaphasia.org](http://www.livingwithaphasia.org)



# Personal Profile Barbara Chalk

Having a chat with our  
Trustee, Barbara!

**You founded this charity. What made you take this on!?**

**Before I retired** as a speech and language therapist, I loved being part of the **NHS Conversation groups** for people with **aphasia**. When that became too much for the NHS to manage, the supported chatting needed someone to take over and I was in the right place at the right time to do it. **Making the group a charity** seemed the natural next step and look where we've got to since then.

**And five years on?**

**It's been interesting** – we've had **singing groups, art exhibitions** and much more. The last couple of **years have been challenging**, yet we have survived and even grown to larger numbers than pre lockdown. **People with aphasia** have an amazing ability to support each other, laugh and inspire those around them despite the massive impact of a language difficulty. It's amazing to see and **that's what keeps me motivated and inspired**, and the charity going.



**What do you get up to in your free time?**

Taking my dog, Poppy, for a muddy walk.

**What do you love about living in Exeter?**

The **great cafes**, the nearness of the **sea and green spaces** [even if they get muddy!]

**What gives you joy?**

**A cup of tea and cake** – oh, just what we have at our Drop In!

*Barbara*

## Thank you Sandhy

**A massive thank you to Sandhy.** She is a **founder member of our charity** and has been a **champion for aphasia** and a **fantastic influence on our charity** during her time as a trustee **since 2017**.

**Sandhy** has now **stepped down** as a trustee, so **THANK YOU from all of us**.

Don't worry; Sandhy **will still be about** and **involved!**



 LivingWithAphasiaGroup









 @LivingAphasia

 LivingWithAphasia\_Devon











[www.livingwithaphasia.org](http://www.livingwithaphasia.org)

**LIVING WITH APHASIA**  
*reconnecting with life*

**FEBRUARY 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Drop In</b> 10.00am - 12.00pm 	2	<b>3 Creative Art</b> 10.00am - 12.00pm 	4	5
6	7	<b>8 Zoom Drop In</b> 10.00am or 11.00am 	9	<b>10 Creative Art</b> 10.00am - 12.00pm 	11	12
13	14	<b>15 Drop In</b> 10.00am - 12.00pm 	16	<b>17 Creative Art</b> 10.00am - 12.00pm 	18	19
20	21	<b>22 Zoom Drop In</b> 10.00am or 11.00am 	23	<b>24 Creative Art</b> 10.00am - 12.00pm 	25	26
27	28					

**MARCH 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Drop In</b> 10.00am - 12.00pm 	2	<b>3 Creative Art</b> 10.00am - 12.00pm 	4	5
6	7	<b>8 Zoom Drop In</b> 10.00am or 11.00am 	9	<b>10 Creative Art</b> 10.00am - 12.00pm 	11	12
13	14	<b>15 Drop In</b> 10.00am - 12.00pm 	16	<b>17 Creative Art</b> 10.00am - 12.00pm 	18	19
20	21	<b>22 Zoom Drop In</b> 10.00am or 11.00am 	23	<b>24 Creative Art</b> 10.00am - 12.00pm 	25	26
27	28	<b>29 City Gate Pub</b> 11.00am - 1.00pm 	30	<b>31 Creative Art</b> 10.00am - 12.00pm 		

**Zoom Drop In** invites sent to email.  
Internet access required.



**Drop In** at Exeter Community Centre,  
17 St. Davids Hill  
Exeter EX4 3RG



**Creative Art** at  
Exeter Community Centre,  
17 St. Davids Hill, Exeter EX4 3RG












Contact: **Barbara Chalk**  
**0791 232 0372** or  
**barbara@livingwithaphasia.org.uk**

**APRIL 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	<b>5 Easter Lunch! Countess Wear Pub</b> 398 Topsham Road, EX2 6HE	6	<b>7 Creative Art</b> 10.00am - 12.00pm 	8	9
 <b>10th to the 23rd April Easter Break</b> 						
24	25	<b>26 Zoom Drop In</b> 10.00am or 11.00am 	27	<b>28 Creative Art</b> 10.00am - 12.00pm 	29	30

**MAY 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	<b>3 Drop In</b> 10.00am - 12.00pm 	4	<b>5 Creative Art</b> 10.00am - 12.00pm 	6	7
8	9	<b>10 Zoom Drop In</b> 10.00am or 11.00am 	11	<b>12 Creative Art</b> 10.00am - 12.00pm 	13	14
15	16	<b>17 Drop In</b> 10.00am - 12.00pm 	18	<b>19 Creative Art</b> 10.00am - 12.00pm 	20	21
22	23	<b>24 Zoom Drop In</b> 10.00am or 11.00am 	25	<b>26 Creative Art</b> 10.00am - 12.00pm 	27	28
29	30	<b>31 City Gate Pub</b> 11.00am - 1.00pm 				

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**City Gate Pub**  
1 Iron Bridge, North Street  
Exeter EX4 3RB

